

## MY SCREEN TIME

when	average time every day	total time
07.11-14.11	5h 00min	35h 01min
14.11-21.11	4h 18min	30h 10min
21.11-28.11	4h 51min	34h 02min
28.11-05.12	5h 05min	28h 39min
05.12-12.12	4h 03min	28h 26min
12.12-19.12	5h 50min	40h 50min
19.12-26.12	4h 11min	29h 21min
26.12-02.01	4h 30min	31h 30min
02.01-09.01	4h 29min	31h 23min
09.01-16.01	4h 50min	33h 50min
16.01-23.01	4h 41min	32h 47min
23.01-30.01	5h 01min	35h 08min
30.01-06.02	4h 37min	32h 19min
06.02-13.02	3h 57min	27h 39min
13.02-20.02	3h 43min	26h 01min

Here we can see my screen time. As you can notice - it decreased during the last two weeks of gaining the data. That's because these weeks were just before and during winter break. For me, more free time means more time for my friends, so I had no need to check anything online -I didn't scroll through the social media that often or check if I have any assignments to do.

## SOME DATA DIRECTLY FROM MY PHONE















